

Rotary
Bangalore JP Nagar

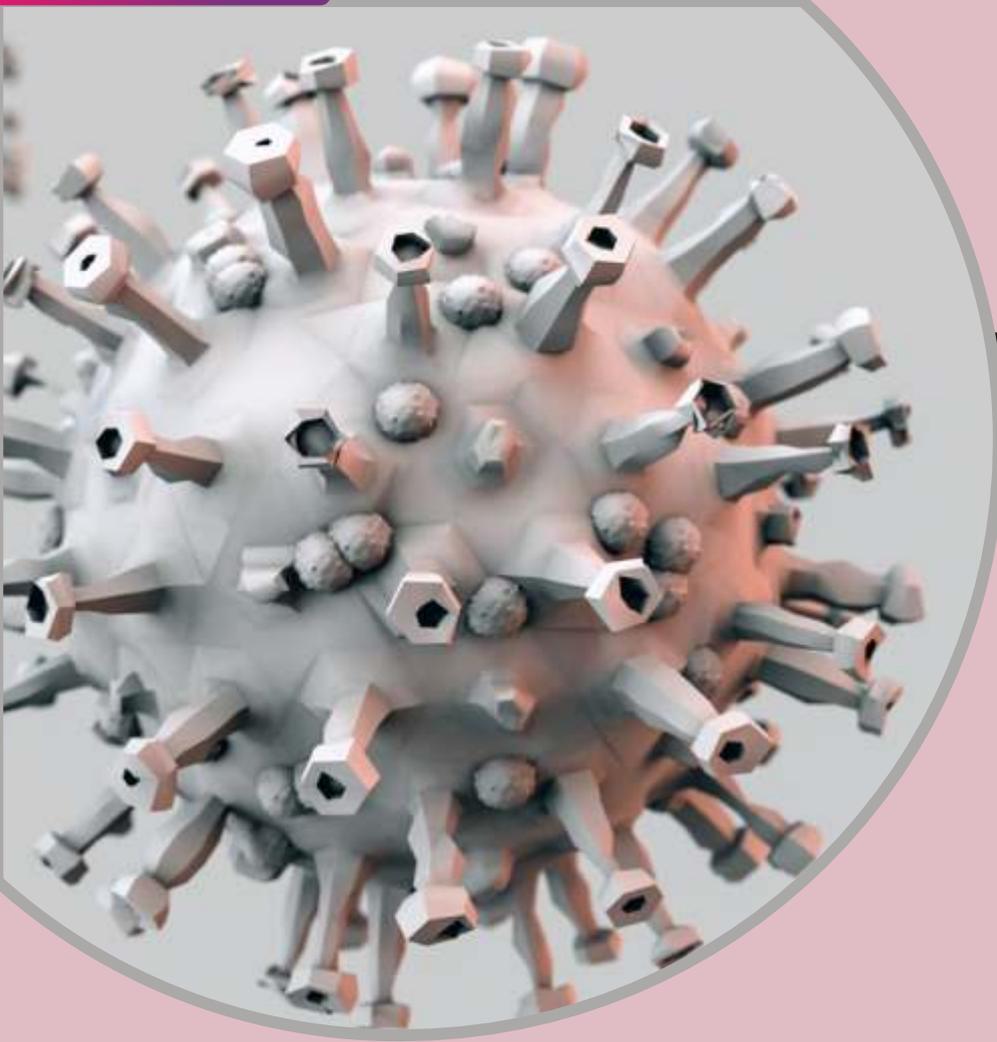


JP ಪ್ರಸಂಗಾ PRASANGA



July 2020

Newsletter of
Rotary Bangalore J P Nagar



COVID-19

Together, Let's
**Fight &
Rebuild**

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President's Message

Message From RI President

This does not seem like a time for great optimism, but it has to be. Long before Rotary was founded, the world dealt with great crises that tested humankind's ability to progress and endure. In the age of Rotary, the world has faced many more catastrophes; however, we have survived, and every step of the way, Rotary has helped the world heal.

Every great challenge is an opportunity for renewal and growth. I revealed the theme of Rotary Opens Opportunities at the International Assembly in San Diego just as the COVID-19 crisis was beginning, but these are words that I have believed for many years.

Rotary is not just a club that you join; it is an invitation to endless opportunities. We believe in creating opportunities for others and for ourselves. We believe that our acts of service, large and small, generate opportunities for people who need our help, and that Rotary opens opportunities for us to live a richer, more meaningful life, with friends around the world, based on our core values.

Governments and institutions are gaining a greater appreciation for the types of public health partnerships that are critical to our work. People stuck at home, eager for greater connections and hungry to help their communities, are now embracing the values we have promoted since our beginning.

All of this is positive news, but just because there are greater opportunities than ever for Rotary to thrive does not guarantee that we will succeed. The world is changing rapidly and was doing so even before this crisis. People were starting to move away from regular lunch meetings and toward online gatherings. Friendships were being cultivated and revived in social media relationships even before most of our meetings moved to Zoom and Skype. Younger generations have a strong desire to serve but have questioned whether they could play a meaningful role in organizations like Rotary or whether they might make a bigger impact forming different types of connections. Now is the time to put everything on the table, test new approaches, and prepare Rotary for the future.

The COVID-19 crisis has forced all of us to adapt. This is good, and our new Action Plan specifically calls on us to improve our ability to adapt. But adaptation is not enough. We need to change, and change dramatically, if we are to face the challenges of this new age and provide the Rotary the world so desperately needs.

This is our great challenge, not just in the next year but into the foreseeable future. It is up to us to remake Rotary for these new times to wholeheartedly embrace the ideas, energy, and commitment of young people eager to find an outlet for idealism. We must become an organization fully enmeshed in the digital age, not one that simply looks for online ways to keep doing what we have always done.

The world needs Rotary now more than ever. It is up to us to make sure that Rotary Opens Opportunities for generations to come.

Holger Knaack
President, 2020-21



Message From District Governor

Dear Sky Rockers,

Warm Greetings to you from RI President Holger Knaack & Susanne!!

I would like to congratulate TEAM DAZZLERS for their Dazzling Rotary Year. Despite these challenging times, the team has put together a wonderful year.

A true Rotarian is one who contributes to the community, especially during the times of need to make the world a better place. While the nation was under lockdown, our COVID warriors of 3190 were out on streets providing - meals, dry ration, clothes, toiletries, masks, sanitisers and other essentials to the stranded and the needy. Your club's committed participation in the recovery and reconstruction for our society is undoubtedly appreciated.

While COVID-19 imposed many challenges, we ensured to transform these challenges into new opportunities.

For instance, the training programs for the year 2020-21. While in-person training was not possible, we organised video conferencing calls for majority of our training programs. I appreciate and applaud the Sky Rockers Team for adapting to these online training programs. Furthermore, I am proud to mention that RID 3190 was the first District in the entire world of Rotary to conduct full-fledged training programs online. Congratulations to District Trainer PDG K P Nagesh for successfully completing all the mandatory training programs and many more. I thank each one of you for your active participation in it.

Rotary Opens Opportunities. The current situation has brought to light unique events that can be conducted to serve the community. Therefore let's join together to focus on environment and agriculture to create a positive impact and make a difference in the society. We have lined up various projects for the Rotary year 2020-21. Some of them being - Kamadhenu, Kalpavruksha, tree planting, blood bank, school benches, solar lamps, lake rejuvenation, vocational training programs, RYLAs, women empowerment. As RI President Holger Knaack says, "Everything we do opens another opportunity for someone, somewhere". I would like to invite



you for your active participation in these projects to create a significant outlook for the rest of the community.

RI President Knaack wants "clubs to focus on keeping current members engaged and adding new members who are the right fit for your club". I appeal to all of you to work towards 100% retention while looking for organic growth of your Club membership. Let us also encourage Youth in Rotary, Women in Rotary and support our Rotaractors and Interactors in their activities.

I request your whole-hearted support for the District Conference "Darbar" and Bandhana, ICGF registrations, fellowship & learning opportunity that would get the show on road as soon as the pandemic comes to a halt.

Rtn. Meera Prasad and I wish you success in all your endeavours and assure you the best of our support.

Stay Safe,

Yours in Rotary,

Rtn Nagendra Prasad
District Governor, RI Dist 3190.

Message From IPP



Dear President Rtn. Bindu Madhav M,

Thank you for taking the reins and I would like to congratulate you and your team members of Rotary Year 2020-21 on the occasion of 32nd installation of our club. Within the last 32 years our club did lots of humanitarian services with true spirit of "Service above self". It is not an easy job to be a true Rotarian, continuously supporting people, who are in need with our knowledge, time and money.

The year 2019-20 has presented many challenges especially with the devastation caused by Corona Covid 19 which is still continuing and has become a major threat. Let us all take care of ourselves and also serve humanity.

I would like to thank all Members, Members of Board, Spouse Group for their kind support and special thanks to the Past Presidents for their continuous support & cooperation, without which we would not have executed many projects during the Rotary Year 2019-20

I am sure that under your leadership our Club will execute many projects that has been planned, and for which Rotary wants to connect people around the World and Rotary.

Finally, I want to assure you that my full support will be with you and your team in all activities to make our Club more vibrant.

Wish you all a successful year 2020-21.

Yours in Rotary,

Rtn. Amar Chetan Y S
President 2019-2020, Rotary Bangalore JP Nagar

Message From **President**



A new Rotary year is here and the time has arrived for baton change. As June changed to July on the calendar, wishes started to pour in congratulating me on taking over as the President of Rotary Bangalore JP Nagar. I felt great and felt the responsibility too of carrying the traditions of a 30+ year old club.

I remember like it was yesterday, when Mohan Rao and I were engaged in a deep discussion on service to humanity. At one point, he suggested, "If you are so keen on service, you should join Rotary." That spurred me to action and he started making the moves. In a couple of months, the call came. In the blink of an eye, I was inducted by President Marulasiddaiah. And in the very next year, Rtn Deepak Loomba asked me to join his team as Bulletin Editor.

So, for the next 6 years, I have consistently been at it. Taking up one responsibility after another. And enjoying Rotary all along.

I step into the President's shoes in 2020, with the blessings of my departed parents, whom I miss today. Must say I am well prepared for the challenges ahead, thanks to the efforts of District Trainer, Flt. Lt. K P Nagesh and team.

Considering that we are facing the Pandemic, one may say it is not the best of times for taking on the mantle of leadership. In fact, it is the best of times to take charge because it gives us the opportunity to serve more. For Rotary, this is not an unfamiliar situation. We did it for Polio. We will do it again for Covid.

Our focus this year is on several initiatives:

- **Community service:** Thalassaemia, Koti Nati, Pediatric heart surgeries and support for a disabled school
- **Vocational service:** Launch Bembala and support our vocational training centre
- **Youth service:** Launching a new Rotaract Club and of course, support Siddaganga Rural School, apart from Interact Clubs at 4 other schools.
- **Public Image:** Relaunch our newsletter as Prasanga
- **International service:** Strategic alliances with overseas Rotary Clubs and Besuge partnership with Rotary Chikkanayakanahalli

I welcome all of you to play an active role in helping our vibrant club make greater impact. Come, let us open the doors of opportunity to a million others!

Of course, I thank my family – wife, daughter and son, for their support and inspiration in my endeavours.

Warm regards,

Rtn Bindu Madhav M,
President

Message From **Club Secretary**



It is my honour to be a club secretary for the prestigious club Rotary Bangalore J.P. Nagar having 30 years of history. Now it is our responsibility to take the legacy forward and take the club to new heights. It is a very big challenge when whole world is facing worst part of Covid-19 . We need to be very Innovative in reaching our goals and complete our projects. We Will put all our efforts to serve the society in whatever best possible ways we can.

Rtn. Srinivas Rao T S
Club Secretary 2020-21

Message From **Bulletin Editor**

The seasons change ,Time marches on , another Rotary year begins with new innovations and tremendous change. The programs planned for the year are not shaken by the pandemic Covid 19. This is both a challenge and opportunity for we Skyrockers . When every Rotarian shares the passion, goal & culture of Rotary, the change envisioned will automatically follow. I wish to seek support from all our distinguished members of our club in making the E Bulletin the most knowledgeable, informative & presentable with write - ups & articles to the club, district & the society at large.

Prabha Rao
Bulletin Editor 2020-21





Bembala provides support through

Jobs & Skills

for the unorganized sector

Disruption in Job Market Due to Covid

- Because of Covid-19, there have been huge job losses – at all levels.
- Most job losses are local in the unorganized sector
- Educated & uneducated youth need counseling and skills to become employable
- Some youth cannot attend any training because they have lost confidence

Rotary JP Nagar plans to address these challenges and provide a single window solutions:

Job Search + Learn & Earn + Counselling + Skill Upgradation

Role of Rotary JP Nagar

Aggregator that offers the solutions through a portal called “Bembala”

About Bembala

- An interactive website/ app
- Recruiters post jobs for a small fees
- Candidates see the jobs.
 - Email resumes or
 - Call
- Learn & Earn: These are opportunities for school dropouts, who cannot afford skills acquisition
- Complete information on
 - Skills
 - Counseling centres

Website currently hosted at

<http://bembala.rotaryjpnagar.org>

Message From Innerwheel



Dear Rtn Bindu Madhav M,

Warm Greetings! to all of you and members of your club from Innerwheel Club of J.P. Nagar.

Heartiest Congratulations! to you for leading this prestigious Rotary Club of J.P. Nagar as its President.

Rotary Club J.P. Nagar has always stood as an exemplary club in the way they serve the less fortunate. Looking forward to learning, working and collaborating with your prestigious club.

Wishing you and your team a fruitful and successful year and also a safe and healthy year ahead.

Warm Regards,

Hema Sreedharan

President 2020-21.Innerwheel Club of JP Nagar

Covid 19

Together Let's Fight.
Together, Let's Rebuild.



The pandemic hit us first in mid-March this year. And life has never been the same. For months on end, we have lived through lockdowns. The mask has become a part of our facial look. And we look at the people nearby as threats, not friends. Is this the new normal? Well, it sadly is.

When the Covid crisis made its entry, the most important thing was to protect. Safety first, everything else next. The whole economy has been hit. Not just in India, but worldwide. Sector after sector has reported deep losses and looks at long-term lack of growth. Job losses have been everywhere. And with hardly any business activity, commercial activities have virtually come to a grinding halt. Look at education. With no exams, no physical classes, schools are in danger of existence. While online classes are a solace, this is no way learning can ever happen.

With this as the backdrop, Rotary JP Nagar has planned the theme this year as

Covid: Together, let's fight. Together, let's rebuild.

While the virus continues to rage, healthcare continues to be a core priority. But along with that, we need steps that can help rebuild lives at the bottom of the pyramid. We at Rotary JP Nagar, have set upon the task of rebuilding through jobs and alleviating suffering through a couple of initiatives:

- **Bembala:** Bembala is a first-of-its-kind job portal for local jobs in the community in the unorganized or informal sector. It is an easy to work with solution for the common man and is supposed to be an aggregator that provides jobs and skills
- **Thalassemia:** This is a rare blood condition that afflicts infants. They need blood transfusion every 14 days. For an economically challenged parent, especially when incomes are not stable, a monthly expenditure of Rs. 4,400 is a huge burden. We would like spread awareness of this issue and do our bit in providing as much help as possible.
- **Local Demand:** We believe we can create communication that can improve local business, because today's consumers have virtually stopped discretionary spending, thanks to the Covid scare. People are buying only what they need, and not what they want. This can create a huge job loss spiral, which can in turn affect the entire economy.

We are committed to our cause. We invite everyone to chip in and help fight Covid rebuild lives in the community.



The good news is that Rotary JP Nagar has a Besuge partnership with Rotary Chikkanayakanahalli. Besuge is a new concept from the district, where an urban club has a partnership with a rural club.

Come, let us know more about our Besuge partner ...

Programme and Projects Conducts by the Rotary Club during the Previous year

- **Permanent Project** – School running Rotary English HPS & High School. Strength 1080 pupils Teachers 52 members, Ayas & Non Teaching : 15 members
- **Medical Camps Eye Camps:** Permanent Project with the co-operative of General Health Camp;. Last year Cataract operation done
- **TB Doctors Camps Gynachology Camp, Arthopedic Camp, Veterinary Health Checkup Camp**
 - Three plantation Programme Last year 980 plant planted is Aid School & College Field.
- **Yoga Camp** – Permanent project Every day 35 member doing Yoga in Rotary Building
- **Teachers Training Campo Leadership Development Programme High School & Primary Schools**
- **Literacy Programme Training give to 180 Asha Workers'**
- **Youth Service Programmes conducted for High School & primary school Students**
 - Special Competition
 - Pick & Speck Competition
- Spot painting competition
- Quiz Competition
- **Conducted Workshop**
- **Actively paretic pated Pulls Polio Programme Every Year**
- **Sport Competition give Senior Citizen are account of Independence Day prize distribution**
- **Honoring for**
 - Senior Citizen
 - Dedicated Workers
 - Teachers
 - SSLC & PUC Highest merit
 - Doctors/Engineers
- **CET – Seminars Conducted for PUC Science Student**
- **TET –CE Training Gives to Teachers Selections**



Empty Nest Syndrome



It was a warm sunny morning and I was sipping my hot cup of chai in my little terrace garden and just then my eyes fell on a beautifully woven nest wherein two little baby birds peeping out with their round little eyes in bewilderment. Next, I see two parent birds come soaring down and lovingly feed the little ones. It was a lovely sight to behold indeed, a perfect family scene. After a few days, I was extremely disappointed to see them all gone. Yes! It was an Empty Nest. This disturbed me to no end. The little ones had learnt to fly and flown away with their strong winds after all the nourishment received by the parents.

Similarly, we parents, want our children to grow up and eventually find their wings to fly. When much of our life has been defined as a parent, it is indeed hard to adjust to life without kids. It is more so pronounced in women because as mothers we are always hovering around the children and suddenly you're just not there in their lives, no longer a part of their activities and this sudden empty feeling engulfs you totally gnawing at your heart.

This transition experience is the 'Empty Nest Syndrome'.

Although it is not a clinical diagnosis as depression, this problem is real, and it compounds into loneliness and distress.

However, there is always a light at the end of the tunnel they say. So, instead of wallowing in self-pity and making life miserable for us and the family, we could think of different avenues to fill this void. This is where our dear Rotary could step in. We could involve and identify new roles to get into and engage ourselves in various social activities of this organization. As there is ample time in our hands, we could become a community member, be a volunteer and explore new horizons of life and evolve into a productive, cheerful individual and re-connect with our inner self. Also, you could make a whole new set of like-minded friends who will indeed pep up our spirits.

So, let's not allow the emotional roller coaster associated with Empty Nest Syndrome cloud our judgement but instead let's be the change we have always wanted the society to be. I'm sure even our kids who have left us would be very proud of us that we are being productive instead of nagging them for their time and attention. Let's allow them to explore new avenues and fly high.

One phase of our life where we had to nurture them is done, I'm sure all of us have done it to the best of our capacity. Now let's come in terms with our new phase which could be tough but let's emerge from here as better human beings and be a role model to the other parents facing the same syndrome.

Ann. Vijaya Sunanda M

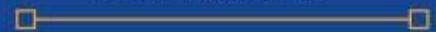
The Four Way Test

Of the things we think, say, and do:

is it the
truth?



is it
fair
to all concerned?



will it build
goodwill
and better friendships?



will it be
beneficial
to all concerned?

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